



This week in Phys Ed (April 8-19)

Floor Hockey Skills

K-4 Students have been learning the basics of stick handling and floor hockey. Students are learning how to control a puck by stick handling. We did relays, played Red light/green light and pirates. We practiced passing using a wrist shot, we played games such as pass through the trees, give and go, keep away, fire and ice tag and cone passing. The final days students have the opportunity to utilize their skills in games play. We played small sided games such as scooter hockey, scooter broomball, pilo polo, floor hockey and ringette. We reinforced our teamwork and cooperation skills.



